



solving **problems**

How to reduce Junk Mail

JUNK MAIL

On average, 650 pieces of junk mail are posted through each letterbox in Britain, every year. We can help to reduce the amount of unsolicited junk mail you receive by registering your address with the Mail Preference Service (MPS) and Royal Mail's Door to Door Opt Out service, on your behalf. It is important to register with both, as MPS will reduce the amount of addressed mail, while Royal Mail will reduce the unaddressed mail.

All you have to do is fill in the form, and return it to us at:-

**Contact Centre Manager, Fairfax House,
69 Buckingham Street, Aylesbury, Bucks. HP20 2NJ.**

To: The Mail Preference Service
Freepost 22
London W1E 7EZ

From: Name:

Address:

To: Royal Mail Door to Door
Streamline House
Sandy Lane
Oxford
OX4 5ZZ

Postcode:

Telephone:

Date:

Dear Sirs,

I am the occupier of the address given above.

Please will you assist me by removing my name and address from direct and door-to-door mailing lists.

Yours faithfully

Signed

It may take up to six weeks for your request to be implemented. Registration on Royal Mail's Door to Door service expires every two years, and there is no reminder. It is up to you, the recipient, to renew your registration.

Customer Contact Centre 01296 732600 • www.vaht.co.uk • info@vaht.co.uk

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or call customer contact centre on **01296 732600**

